

## **Manuscript Categories**

All articles, regardless of their respective category, must be prepared in accordance with the RBGG guidelines, observing the article's study design. See more in Instructions for Manuscript Preparation.

- **Original Articles**

These are reports of original work, intended to disseminate results of unpublished research on topics relevant to the field, presented with a structure consisting of Introduction, Method, Results, Discussion, and Conclusion, although other formats may be accepted. Authors must use the guideline we indicate for each study type in the Instructions for Manuscript Preparation.

For acceptance of an original article covering clinical trials, the trial registration identification number will be required.

Maximum of 4,000 words, excluding abstract, references, tables, and figures. Maximum of 5 tables and/or figures and 35 references (studies with more references will be evaluated by the editor).

- **Opinion Articles**

These are texts of free opinion capable of fostering reflection and discussion on topics of interest to Geriatrics and Gerontology, developed with scientific and ethical quality.

Maximum of 4,000 words, excluding abstract, references, tables, and figures. Maximum of 30 references and 4 tables and/or figures. Must include an Abstract and two to five Keywords.

- **Reviews**

a) Systematic Review - This is a review planned to answer a specific question, the object of the review. It is carried out by synthesizing results from original studies, quantitative or qualitative, and describes the study search process, the criteria used to select those included in the review, and the procedures employed in synthesizing the results obtained from the studies.

b) Meta-analysis - This is a statistical technique used to combine results from two or more different studies found in the literature on the same research question. It integrates data in a standardized manner, aiming to obtain a result with greater explanatory power and to clarify any divergences in the conclusions of the different base studies.

c) Scoping Review - Mapping of the literature regarding methods, data analyses, variables, concepts, etc., used on a certain subject about which little knowledge has yet been produced. Generally, it aims to guide the execution of a subsequent systematic review or meta-analysis. It starts from a broader search and deepens using the descriptors and references initially found to direct more precisely towards what has been published on the subject.

d) Integrative Review - A broad review method that allows the inclusion of theoretical and empirical literature, as well as studies with different methodological approaches (quantitative and qualitative). The studies included in the review must be systematically analyzed regarding their objectives, materials, and methods.

Authors must use the guideline we indicate for each study type in the Instructions for Manuscript Preparation.

Maximum of 4,000 words, excluding abstract and references. Maximum of 5 tables and/or figures and 50 references (studies with more references will be evaluated by the editor).

### **Pre-registration of Studies and Analysis Plans**

Pre-registration of studies involves recording the study design, variables, and treatment conditions, and the inclusion of an analysis plan involves specifying the sequence of analyses or the statistical model that will be reported, so that the pre-registration of the analysis plan replaces the pre-registration of the study and highlights the distinction between confirmatory research and exploratory research.

Review articles and clinical trials submitted for publication will only be published if the conducted research was pre-registered. During submission, authors must inform where to access the pre-registration.

- **Case Reports**

Unpublished reports, with well-documented description, related to the journal's thematic field. This category aims to announce new variations in disease processes, treatment, or unusual outcomes, etc., while there has not yet been time for an analysis with a larger number of cases to submit as an "original article." Authors must inform, in the text's argumentation, the relevant aspects and their relationship to cases previously published in the area's literature. They must present Introduction, Method, Results (reporting the unpublished experience), Discussion, and Conclusion.

We recommend consulting the guidelines for case reports: <http://www.equator-network.org/reporting-guidelines/care/>

Maximum of 3,000 words, excluding abstract and references. Maximum of 25 references and a total of 3 tables/figures/charts.

- **Updates**

Debate on an already consolidated topic that has gained new discussion and reflection. Descriptive and interpretative works, with reasoning on the global situation of a certain investigative, or potentially investigative, subject.

Maximum of 3,000 words, excluding abstract and references. Maximum of 25 references and 3 tables and/or figures.

- **Brief Communications**

Brief reports of preliminary research results from ongoing studies or those recently completed, anticipating innovative results. They need to be published urgently because they demonstrate strong evidence of relationships between variables that may lead to public health risks, even if not all alternative hypotheses or all effects have been fully understood.

Maximum of 1,500 words, excluding abstract and references. Maximum of 10 references and one table/figure.

- **Letter to the Editor**

This is an expression of opinion addressed to the Journal's editor.

Maximum of 600 words, excluding references. Maximum references: 08.